A unique technique of Bag Mask Ventilation in Edentulous patient: A case report

Raghu S Thota¹, Pooja Baliga¹

Abstract

Bag-mask ventilation (BMV) in edentulous patients or those having their dentures removed is difficult and a challenge to the anaesthesiologist. We have discussed a technique of BMV, by pulling the sunken cheeks upwards with either index or middle finger to form an airtight seal around the mask as well to form an adequate external mask fit. Our manoeuvre improves the BMV effectively with no harm to the patient. It's a very simple technique and should be used widely to assist ventilation. No special equipment is needed for the technique and by implementing a very minor alteration by pulling the sunken cheek tremendous improvement in BMV can be achieved.

Keywords: Bag mask ventilation, edentulous, cheek

Introduction

Bag Mask Ventilation (BMV) is an important aspect of airway management during anaesthesia as well during emergency airway situations. BMV has turned into a great challenge in edentulous patients and it is one of the predictors of difficult mask ventilation. To overcome this problem various techniques have been used, which include proper covering of mask in patients with hollow cheeks (caused by edentulism). Edentulous patients or those having their dentures removed is difficult, prevalence of edentulism is high among individuals over 65 years (60%) and due to the problem of proper covering of mask in patients with hollow cheeks (caused by edentulism) this does not require any special equipment. Moreover, it can be used with any anatomical face mask.

Case report

A 67 years old male patient presented to our institute with pain in abdomen and was diagnosed to have moderately differentiated adenocarcinoma of sigmoid colon. He was posted for anterior resection of rectum. He has a past history of hypertension since 8 years on Tab. Amlodipine 5mg OD and verapamil 120mg Sustained released, and type 2 diabetes mellitus on voglibose 0.2mg OD. Physical examination was unremarkable. Preoperative investigations were within normal limits. Patient weighed 63 kgs, 165 cm tall (body mass index 23.14 kg/m²) with a mouth opening of 4.5 cm, edentulous with removable complete artificial denture (fig. 1a), Mallampati grade 1, and jaw slide +1. Written permission & consent to publish in a scientific journal and for photography was taken. In the operating room standard monitors were placed and 1mg IV midazolam along with 75mcg fentanyl injected. After preoxygenation, standard induction included 1–2 mg/kg propofol injected intravenously over 60 s. After loss of consciousness and cough reflex, bag mask ventilation attempted with the routine neck extension and jaw thrust technique with two hands (fig. 1b). There was no chest expansion and no end tidal carbon dioxide reading recorded (fig. 1c). We used our technique to improve bag mask ventilation, where the sunken cheeks are pulled up with either index or middle fingers of both hands to form an airtight seal around the mask and an adequate external mask fit (fig. 1d), which improved carbon dioxide reading recorded (fig. 1c).

Discussion

Bag mask ventilation (BMV) is a life saving method of controlling airway even in patients with difficult intubation. Weiss and Lutes showed that endotracheal intubation in traumatic patients do not increase the survival rate compared to BMV. During general anaesthesia, reduced muscle tone of oropharynx leads to collapse of tongue, soft palate and epiglottis...
contributing to airway obstruction as a factor of difficult BMV in anaesthetized patients. Edentulous patients are at increased risk of the obstruction and difficult BMV comparing to patients with teeth[12, 13]. Furthermore, these patients have relatively big tongues due to jaw bones cavity and collapse of the tongue in edentulous patients' mouth[14]. Mask ventilation is often not effective and, in some cases, almost impossible in edentulous patients because of the lack of facial support. This lack of support leads to an inadequate external mask fit and significant air leaks. Langeron et al[15] suggested not to remove dentures before induction of anesthesia to maintain a proper facial support. However, this may be a dangerous approach because the dentures may be swallowed or aspirated. Nasal positive pressure may be used in edentulous patients because the mask contact is only on the maxillary plane[16]. Another approach consists of placing the caudal end of the mask between the inferior lip and the alveolar ridge[17, 18]. Golzari et al[19] showed that placing folded gauze in buccal space in edentulous patients considerably facilitates BMV.

In our technique, by pushing the cheek tissue upwards to the mask, it forms an airtight seal around the mask, thus preventing the air leak and adequate external mask fit. It also pulls up the soft palate, thus preventing the obstruction. We have used this technique in a number of our patients. It is important to point out that if mask ventilation remains impossible, the laryngeal mask airway could be used as a rescue device, especially if there are also difficulties intubating the patient.

In summary, BMV in edentulous patients poses a challenge to anaesthesiologist, and by implementing a very minor alteration by pulling the sunken cheek tremendous improvement in BMV can be achieved.

Figure 1:

a-showing sunken cheeks.

b-showing classic mask holding technique.

c-showing no etCO2 tracing during classic method of bag mask ventilation.

d-showing pulling of cheek to for an airtight seal.

e-showing a proper tracing of etCO2.


